

A LIFE AND DEATH CONTRACT WITH MYSELF AND SOCIETY

In the interest of clarity, distinct decisions regarding life and health, the purpose of being fair to each, and the determination to control my own destiny, in as much as is possible. The following terms and conditions shall be applied to the body, mind, and life of this undersigned human being.

Dated _____

THE TERMS AND CONDITIONS WITHIN WHICH LIFE APPEARS TO BE SUSTAINABLE, either in the near term, or for whatever years may be available: as best we can understand. Regardless of momentary fears at the time of tragedy.

IT IS MY DECISION

1. That life is, the appreciation of body and mind/ with a recognition of soul. Yet in this instance and under these terms only what is body or mind shall or can be applied.

A) the body is appreciated when it can move freely, and specifically can take care of its primary needs such as food intake and waste cleanup: without any foreign or mechanical intervention/ past a maximum _____ days, as may be needed for medical opportunity to heal.

1). I want to be able to eat and drink by my own determination and control/ without help. I want to accept the need to cleanup my own stool/ as is necessary for all but an infant. Some time is allowed for healing/ but if being provided the opportunity to eat and drink and shit on my own is not enough: then my time here on earth is done.

B) the body is appreciated, when the mind functions in real terms, to identify, discipline, and control the base necessity of a decision that makes individuality, and the possibility of primary needs “my domain”/ or more simply, “I can and I will, do this for myself”. Indicating “I” not only exists, but is functionally and fundamentally participating in this time of a life.

1). Should the day exist when this mind does not recognize reality in such form and in such a way as to provide a clear understanding that “I am alive, as an individual with responsibilities and rights”. With freedoms that I may exercise for myself, while understanding respect is required for all life. If I have not, or cannot meet these goals/ then I need not remain.

C) the body is appreciated when sufficient parts and pieces remain, to establish “my presence here” Shall not be so dissimilar to others, that I need feel ashamed. That function of reality, does not intend to judge others. But the foundation of life and living for me is created by the presence of sufficient freedom, to let me establish my own sense of ability/ my own purpose in strength, courage, discipline, and balance.

1) there is no balance, unless the body itself can identify 3 separate realities: I must be able to “feel enough body” to know and understand I am human, without being told/ it shall be obvious to me, therefore significant body, mind, and function must remain. I must be able to tolerate the pain, and live without constant

medical treatment, or repeated surgical interventions. [my personal sense, or tolerance of pain on a scale of 1-10 is called by me _____!] I must be to provide back to society, some reasonable portion of what I must take to survive. Or more simply some type of kind of REALISTIC work, in relation to my potential ability must be possible/ so that I am not a burden to humanity, and a child may inherit my position/ instead of me.

D) the body is appreciated, when I CAN see within both near and a future, beyond immediate care: “healing as best I can/ or more correctly as best this body will heal” . That there is happiness, hope for happiness in real understandable terms as would any human being expect, or at its base level of acceptance, a time that would not be sad.

1) that means, if challenged unduly by pain/ if described by reality as “nothing but tears, from here”/ if understood a tremendous amount of tolerance and patience with little to no relief are required. Then I need not continue/ let someone else have my place.

THE TERMS AND CONDITIONS WITHIN WHICH LIFE APPEARS TO BE UNSUSTAINABLE, either in the near term, or for whatever years may be available: as best we can understand. THEREFORE DEATH must be allowed, is accepted as my fate on this day and at this time: and you will please provide me this relief.

Regardless of momentary fears at the time of tragedy.

IT IS MY DECISION

2. That life cannot be recognized by, the appreciation of body and mind/ with a recognition of soul remaining. Yet in this instance and under these terms only what is body or mind shall or can be applied.

A) That under the condition that this body or mind has: deteriorated to the point of collapse, in a way that the mind clearly no longer functions or recognizes reality, or lives in the presence or strength of an identity that describes “me” under any condition where that consequence shall not be able to find improvement: then let my body go/ for the mind has abandoned it, and all life is recognized by the process and performance of thought.

1) a base limit must exceed the understanding of a two year old child. A further limit must recognize this limit shall not deteriorate further. With an end result that explains: the minimum duty of us all is, to be able to eat, drink, and “wipe ourselves clean”/ so that others shall at least not be overly burdened by that. It is a responsibility to the young, and to life as nature does prove is proper and true.

B) That under the condition that this body or mind has: established, no real possibility of change in healing can occur. That from this moment on nothing other than pain and misery can be functionally established. Or that reality proves fair to me, fair to each of us: is a life we would choose to live, if fear was not leading the way.

1) that base limitation recognizes as we live in health, there are conditions of both body and mind we understand to be: “May this never happen to me”. All of

them, indicating or developed from what body and mind can or cannot do. Thereby the simple statement: look into the future, and if _____ people out of one hundred without fear/ would honestly say: let me die instead. Then so should that happen to me as well.

C) That under the condition that this body or mind has: established a disease or sickness that can be critically debilitating over time/ to the point that I can no longer function to make a decision for myself. Then I say to you, please assist me in dying when that condition has been met, OR I say to you, I am finished with this fight/ let me meet eternity, and please assist me to go.

1) let there be a representative, who understands my wishes be present. Let there be terms and conditions that have been met/ such as the disease defines. But make no mistake/ THIS IS MY BODY AND MIND/ and it is my choice. OR, it is society that keeps me alive/ and when that day comes when _____ people out of one hundred (by vote) believe this is too much to ask/ too little reward even for me. Then do not stand in the way. Let me die.

The function and foundation of these statements is designed and determined to establish, while in full control of my own mind and body. Being sane and established by the identity of my own decisions. I do say to you, let these govern my life and body/ should the day come, when I cannot of my own free will, and experience of life say to you: It is time to die/ or in the alternative, please do the best you can, at this time.

I _____
whose address is _____

in witness thereof _____
'whose address is _____

A handwritten statement: for the intent and sake of the individual:

my statement. WE MUST, all die, THAT is not the question! Instead the reality is, we must live within the means and truth of what our body and mind can provide both for us, with respect for those whom we live among. Eternity comes for us all, therefore even years are literally as nothing at all. But life is indeed measured by the moments we share, consequently if I can no longer share with honor and dignity; then surely it is time “To meet GOD”.

A reasonable expectation is 9 out of ten people agree. And in that agreement, it will be recorded: THIS is what you expect to happen to you as well. Should the reality befall you.